



The Wood

A Publication of The Wood Group

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The Wood Post

What's Happening by Jerry Parker, CEO

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The month of May is designated as Mental Health Awareness month in Texas. The Texas chapter of the National Alliance on Mental Illness (NAMI) will promote education and awareness of special issues that affect persons with mental illness and their families during the month. NAMI Texas is a nonprofit organization founded by volunteers in 1984 to promote awareness of Mental Illness. NAMI Texas has 45 local affiliates throughout Texas and nearly 10,000 members. Its purpose is to help improve the lives of people affected

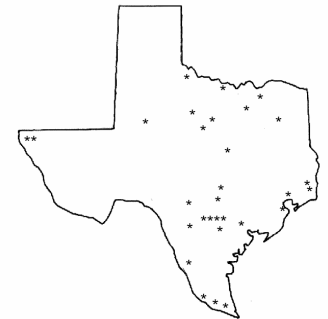


Jerry Parker

by mental illness through education support and advocacy. The membership is made up of mental health consumers, family members, friend, and professionals. The vision of NAMI Texas is to ensure acceptance of and treatment for all those with mental illness to facilitate recovery. I belong to NAMI

Wichita Falls and have served on the State Board of Directors. I would encourage all members of The Wood Group team to join their local NAMI and become active in the community. For more information go to www.namitexas.org.

Areas Served by The Wood Group



Wooden Nickel by Jerry Parker, CEO

The Wood Group has expanded into several new areas of Texas his year. With growth comes excitement and new challenges for our company. I want to personally thank The Wood Group team of managers, QMHP's and Direct Care Staff for stepping up and meeting the new challenges head on. I realize that much of our growth can be contributed to the hard work of these individuals. I also want to say a special thanks to the hard work of our management team for their long hours and hard work to make sure that consumers that use our programs and services receive quality care. Let all of us who are part of The Wood Group team strive toward offering the best possible services for those who choose us to provide their mental health care.

Jerry

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Try not to be a man of success but rather to become a man of value.

Albert Einstein



Mark's Minute by Mark Bruce, Chief Financial Officer

I am writing this on the day before April 15th, which I am sure is one of everyone's favorite days (its one of mine because it means I am through preparing income tax reports). Since it is tax day I decided to remind everyone to double check the amount of withholding on your paycheck. I get calls every year in January or February from employees complaining that we did not withhold enough income tax from their paychecks. If you had to pay tax this year you may want to complete a new form W-4 in order to increase the amount of withhold-

ing for 2010. Also, if you had a large refund you may want to decrease the amount of withholding because all you are doing is giving Uncle Sam an interest free loan for a year on your money. If you do not adjust your withholding before year end it is too late to do anything about it.

Mark

TWG Express by David Kelley, Chief Operations Officer

Hello everyone, I hope you are doing well. The weather this winter was unbelievable; if it was not raining it was snowing. Regardless of the weather this year has been an extremely productive time for The Wood Group as we have already opened 3 new facilities as of April and we have more new programming in development. I

appreciate the hard work and dedication from everyone. As we look forward to spring and summer, enjoy the season and I'll see you down the road.

David

No matter how long the winter, spring is sure to follow. ~Proverb



MH Rehabilitative Services Updates by Mary Helen Farnam

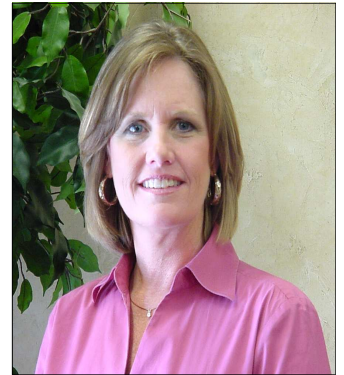


Spring is definitely here! This is evident as you see the beautiful wild flowers displayed along the Texas freeways and hill country. I hope all of you are getting out and enjoying the beautiful weather. Though, as we know, this beautiful weather turns into Texas heat as we move into summer. There are some things to keep in mind to ensure that everyone enjoys the summer. Remember to drink plenty of fluids, stay in air conditioned areas, never leave anyone in a closed parked vehicle (this includes your pets), take frequent breaks when working outside and plan activities for early morning or evening to avoid the hottest part of the day. Have a wonderful spring and summer. Keep up the great work that you do. Your work changes lives for the better. You are making a difference and we appreciate it!

Mary Helen

Vacations by Lesa Reimers, Human Resource Director

Summertime is just around the corner and you know what that means.....
VACATION! One of the great benefits after your one year anniversary is that you have accrued your vacation time. Fulltime employees receive 40 hours vacation and part-time employees accrue an average of the hours you worked for the year. Make sure you turn in your request to your Administrator 30 days in advance. Your Administrator will make sure there is coverage for your shift before approving your time off. Hope everyone has a great and safe summer.



Lesa

How to Be Happy by Mary Wood, Director of Marketing



We humans are lousy at predicting what will bring us joy. More money? Not really. God? Probably. Marriage? Definitely. It's hugely important to be happy and that doesn't mean walking around with a silly smile on your face, it means achieving a general sense of satisfaction with life and a sense of well being. Some ideas: **COMMITMENT:** People who commit to relationships are much happier than those who don't. **LITTLE THINGS:** To increase happiness, worry less about big, big sources of joy and find a steady stream of small sources. **HANG IN THERE:** We are not really fragile, so we just need to hang in there during the hard times. **GO TO CHURCH:** Church goers are happier than non-church goers, but it may not just be for the religion. Whatever the reason, go somewhere to meet with friends regularly. Social networking is important too. **INVEST IN EXPERI-**

Mary

Pulp Facts by Stacy Otto, Director of Quality Management

Happy Spring to all of The Wood Group's Finest Employees. Thank you so much for your hard work and dedication in running our programs! We couldn't keep doing what we do without you! It is not



the easiest job and we recognize that. I wanted to give a "Shout Out" to our new Ad-

ministrator's. Welcome aboard Josh Sorensen in Angleton, Texas; Kyle Britton in Austin, Texas; Lynn Barton in Tyler, Texas and Evette Conatser in Wimberley, Texas. I would also like to congratulate our new Regional Director's in the field; Brian Stampley and Shelly Baggett. I will see you all soon!

Thanks again!

Stacy Otto, Director of Quality Management

The way I see it, if you want the rainbow, you gotta put up with the rain.

Dolly Parton



Wooden You Like to Know??? (Employee News)

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Stephenville Administrator, Chris Dolloff and wife, Sheena, had a baby girl March 25, 2010. Her name is Cydney Elise and they are both doing well. Congratulations Chris and Sheena!

In Wimberley, Shannon Sambrano first nephew, Micah Xaviar Keen was born February 15, 2010, weighing 8lbs 2oz. Shawn Flores, also in Wimberley celebrated his 18th wedding anniversary in January while his oldest child achieved a citizenship community award from the Blanco ISD. Administrator Evette Conatser's son, Cody, was married March 18th. Her daughter Kendra will be returning from Japan in June from the USAF. Son Christopher returned home in January from USMC after serving 8 years! Congratulations goes out to



Shawn and Shannon from Wimberley!! And thanks goes out to Evette's children for serving their country!



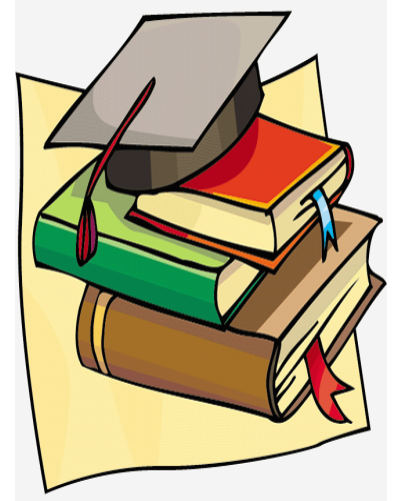
Texas City's Administrator Brenda Hernandez, will be a grandmother in October! Her daughter, Brittney Louviere is expecting! Crystal Caligone had a baby girl born in March. Congratulation to both of you!!

In Sherman, Ashley Nodier is expecting a sweet baby in August. Congratulations to her!

Brenda Mesecke, from Angleton's Bayou House, will be graduating from the RN program at Galveston School of Nursing in May. What an accomplishment! Congratulations!

Chelsea Farnam, daughter of Mary Helen Farnam will be graduating in May, with honors, from Milligan College in Tennessee.

Newly appointed Regional Director of Central Texas, Shelly Baggett's eldest son, Shawn, is graduating this May and will be attending Stephen F Austin University in the fall. His major will be Business and his Minor Music.



Jerry and Janie Parker's daughter will be getting married in May. We wish her the best of luck!



Thanks, administrators, for getting your info to me for this newsletter!



MY FAVORITE PHILOSOPHY

"Unless you try to do something beyond what you have already mastered, you will never grow and you will never truly know what amazing accomplishments you are truly capable of."

