

The Wood Post

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The Wood Post

Wooden Nickel by Jerry Parker, CEO

Special points of interest:

- Jerry Parker
- Mark Bruce
- David Kelley
- Mary Helen Farnam
- Lesa Reimers
- Mary Wood
- Stacy Otto

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On June 5th and 6th the South Texas Family Support Conference was held in Laredo, Texas. The Wood Group once again was a sponsor of the Conference and we presented our annual Wood Group Scholarship to a consumer. The conference was great success and the scholarship recipient was excited to receive her scholarship. I was unable to attend the Conference for the first time in many years, but we were well represented by Raul Valdez and Mary Helen Farnam of our company. I want to thank both of these individuals for their hard work at the conference. The Wood Group is com-



Jerry Parker

mitted to participating at conferences that advance the awareness of Mental Illness in our society. We believe that persons with Mental Illness should not be shunned, but accepted in society as equal members without the stigma of Mental Illness. Our company is charged with providing qual-

ity services that enhance the lives of those we serve. I want to personally thank each and every one of our fine workers who work on a daily basis to provide services to the Mental Health Consumers of Texas. You do make a difference in peoples lives.

Areas Served by The Wood Group



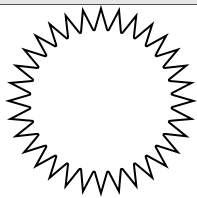
What's Happening by Jerry Parker, CEO

The Wood Group continues to see steady growth in the services that we are providing to the Mental Health Community of Texas. The Company has recently opened a new residential facility in Texas City and we are beginning to fill the beds. We will soon open a Crisis Respite Facility in Stephenville, Waco and a third facility in San Antonio. Sometime in the late summer we intend to begin work on a new facility in Austin. With all this new growth we are a busy group of people. The Wood Group continues to operate our existing programs throughout the state and we take great pride in their services. As a company our goal is to provide the best services possible. I just want to say to all our team members "Have a great summer."



The Wood Post

Always keep your words soft and sweet, just in case you have to eat them.



Mark's Minute by Mark Bruce, Chief Financial Officer

Topic: Two Bad Ideas

I thought I would discuss a couple of bad financial moves this quarter. The first bad idea is renting furniture or televisions. You can find a 50-inch Toshiba TV for about \$1,200, sometimes less. At a Rent-A-Center the cash price is \$1,800. Or you can pay \$34.99 a week for 116 weeks, or more than \$4,000, for the beast. Another rip-off are payday lenders. If you fall into the clutches of a payday lender, your paycheck is no longer your own. These places work by lending you cash for a fee.

The fee may not seem like much -- \$45 to cash a \$300 check – but it works out to annual interest rates of over 400%. If you can't pay back the loan when payday comes around, another fee is added. Fall into this trap, and it's hard – sometimes impossible – to climb back out again. You just need to be aware that sometimes it is better to wait until you can afford to pay cash rather than renting items or getting payday loans.



TWG Express by David Kelley, Chief Operations Officer

Hello everyone, I hope you are doing well. I would like to take a minute to recognize some citizens that have been with the Wood Group for 10 years (or so). When it comes to dynamic female duos you have Thelma and Louise, Laverne and Shirley and then there's Lucille and Jenell. Jenell Coates has been with the Wood Group since 1997 and Lucille

Lindsey celebrated her 10th year last month. When I started with the company one of my first visits was to the Quanah Facility and at that time Jenell was the Facility Administrator and Lucille was the Assistant Admin. I was trying to

make a good first impression and when I arrived I noticed the staff restroom had a door on each side. I asked how they knew if someone was in there? Lucille said "we knock". Well, so much for a good first impression. Currently Lucille Lindsey is the Facility Administrator and Jenell Coates is the Psychosocial Rehabilitation specialist. The Quanah Facility was the first center operated by the Wood Group, opening in 1983. I would like to thank Lucille for her determination

and hard work. She has an incredible work ethic and has a genuine concern for the residents she is responsible for. Jenell and her husband Mike will continue to be in our thoughts and prayers as he continues to battle cancer. I would like to mention that Mae Frances Carr has been with the Wood Group on and off for over 18 years. If you ever find yourself in Quanah stop by and say "Hi"! I'll see you down the road.



MH Rehabilitative Services Updates by Mary Helen Farnam

May was Mental Health month. I'm sure that most of you had different activities to being awareness to an illness that affects one in four adults – approximately 57.7 million Americans in any given year. Fewer than one-third of adults and half of children with a diagnosable mental disorder receive any mental health services in any given year. What many people do not realize is that with treatment and supports, many may find recovery from their illness and lead happy productive lives.

I am profiling a client from El Paso who has had an amazing recovery. Sandie Bustamante, TWG Administrator of the residential and rehabilitative services in El Paso informed me of this client. In May 2007, M. J. was referred to the Solana TLC (TWG) Residential Facility in El Paso. She had been in and out of psychiatric hospitals since the age of 9. M. J. is now in her late twenties. On May 15, 2008, a dinner was held in her honor to celebrate the one year she has not been admitted to a hospital. This is the longest time she has been out of a psychiatric hospital. All staff on her treatment team, including Sun West ACT team and The Wood Group staff were invited to attend this celebration. During her stay at The Wood Group's Residential facility, she has made outstanding progress. Through continuous rehabilitation, such as coping skills, anger management, conflict resolution and how to increase her self esteem she has learned valuable skills. M. J. now dresses appropriately, puts on make-up, gets her nails done, and is able to look in the mirror with a good self image. She attends a day program, makes her own doctor appointments, goes to the store with no fear, instead of acting out in a negative manner, she talks to staff about her problems. M. J. is looking forward to moving out of Solana TLC within the next six months to an apartment of her own. M. J.'s life reflects that recovery is possible. A big thank you goes out to The Wood Group's El Paso residential and rehabilitative services staff for all your work and efforts in M. J.'s life.

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Lesa's Lines by Lesa Reimers, Human Resource Director

Summer Vacations

Summer is upon us and it's the time of year when families and friends are planning to take a vacation. With the high cost of gas you might think that you can't take a vacation. Here are some suggestions that won't cost as much as a traditional vacation and you can still have fun. Go camping or plan a picnic at a local park or lake. Everyone can bring a dish and you can have a baseball game, throw the Frisbee, play games and enjoy great conversations. Or go to a minor league baseball game and you can have a tailgate party before the game begins. You can explore your local museum and learn facts about your town you may not have known. I know in south Texas there are some quaint little towns so load up your car with family and friends and tour the town. Have a safe and wonderful summer!



Indian Waldorf Salad by Mary Wood

INGREDIENTS:

3 cups chopped unpeeled Granny Smith apples
 1/2 cup chopped celery
 1/4 minced red onion
 1/4 cup lite mayonnaise
 2 tsp lime juice
 1/2 tsp curry powder
 1/2 tsp ground ginger
 1/4 chopped raw or toasted almonds



TO PREPARE:

Toss the apples, celery, raisins, and onion in a bowl. Combine the mayo, lime juice, curry powder & ginger in a small bowl & mix well. Fold the mayo mixture into the apple mixture. Chill, tightly covered, for 30 minutes to several hours. Stir the almonds just before serving.

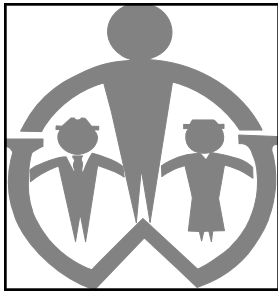
Pulp Facts by Stacy Otto, Director of Quality Management

I would like to dedicate this article to our wonderful administrators who continue to work hard to keep our facilities running smoothly. Thank you to: Brynn Rivera-Abilene; Deborah Moore-Bastrop; Brian Stampley -Beaumont; Paula Perea-Big Spring; Anna Charles-Cuero; Diana Flores-Del Rio; Sandie Bustamante-El Paso (Solona TLC and TWG Rehabilitation Program); Richard Cervantes-Harlingen; Raul Valdez-Kerrville; Selma Gutierrez-Pearsall; Lucille Lindsey-Quanah; Cindy Limon-San Antonio (Cloudhaven); Brandy Casanova-San Antonio (Shaley); Ora Jean Phillips-Sherman; Lisa Gould-Texas City; Tiffany Smith-Wichita

Falls. I would also like to thank Sylvia Valadez, Director of our Psychosocial Rehabilitation Programs in Brownsville, Harlingen and Pharr and Deanne Pape, Director of our Psychosocial Rehabilitation Program in Kenedy. We appreciate each of you and your staff for all that you do. Please remember to buckle up, drive safe and have a wonderful summer. I will see you soon!

Stacy





Wooden You Like to Know??? (Employee News)



Mike and Lori Wood's only child, Braden, graduated from Wichita Falls High School in May and is headed off to Texas Tech this fall.

Mary Helen Farnam's daughter, Katie Marie Farnam graduated Magna Cum Laude from University of North Texas in Denton with a degree in Journalism on May 10, 2008. Her daughter Chelsea Melita Farnam, an upcoming Junior at Milligan College in Johnson City, Tennessee received the Journalism Leadership Award for the second time. Chelsea, one of Milligan's Oosting Scholars, finished her second year as Editor-in-Chief of Milligan's *STAMPEDE*, the college newspaper.

The wind storm the first part of June caused havoc at the Quanah facility, Lucille and her staff reacted like heroes and transported the clients to the Wichita Falls facility for several days while the town of Quanah worked to restore the electricity. Tiffany and the staff in Wichita Falls prepared for their arrival and did a wonderful job while they were in Wichita Falls. Thanks for your help during that stressful time!



Justin Bruce, Mark Bruce's son, made the Dean's Honor Roll at Texas Tech this May. Mark and Sandra are extremely proud of him.



Lesa's son, Jacob Reimers, is doing an Internship in Wisconsin and has experienced a lot of flooding. He's had flooding in his basement, a 30 ft tree washed up on his lawn, and he's had to help his neighbors fill sand bags. It has been quite an adventure for him and stress for his mother. Please keep him in your prayers.

Administrator in Quanah, Lucille Lindsey's son is retiring from the Air Force, while her grandson has enlisted. Congratulations to both. We will keep your grandson in our prayers.



Most people would rather be certain they're miserable than risk being happy. - Robert Anthony

"Never be ashamed to admit you were wrong. You're only saying that you're wiser today than you were yesterday."

Dave Gilpin



David Kelley, Mary Wood and Mark Bruce at Texas Council in Austin, Texas May 2008