



The Wood Post

# The Wood Post

A Publication of The Wood Group

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## MERRY CHRISTMAS

### What's Happening by Jerry Parker, CEO

Special points of interest:

- Jerry Parker
- Mark Bruce
- David Kelley
- Mary Helen Farnam
- Lesa Reimers
- Mary Wood
- Stacy Otto

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The Wood Group is excited about the changes that are taking place on our company's web-site. Since our Website was turned over to Jessica Wood who works in the Wichita Falls office, she has redesigned several sections of the web-site and is in the process of adding new pictures of our programs throughout Texas. Jessica is an excellent photographer and we look forward to her work. We will be adding new sections in the upcoming months so I en-

courage you to visit the site. Our website is [www.TheWoodGroup.us](http://www.TheWoodGroup.us). If you have new ideas for this site please e-mail or call Jessica with your suggestions.

The Wood Group is proud to have Jessica as a member of our team and look forward to enjoying her work on our website.

Merry Christmas!

Jerry



### Wooden Nickel by Jerry Parker, CEO

The Holiday Seasons are upon us I want to take this opportunity to wish the employees of The Wood Group and their family members a Happy Thanksgiving and a joyful Christmas Season. The Wood Group is fortunate to have the fine men and women who work hard to provide safe and secure living environments for those that need extra help. It always amazes me when I look at the dedication of our team. The success of any endeavor is dependent on the actions of "All" of those involved. I believe that 2010 will be a great year for our company and all who make it possible. From my family to yours God bless you and have a great Holiday Season.

Jerry

### Mark's Minute by Mark Bruce, Chief Financial Officer

Are you rude? You rarely steal candy for toddlers. You don't trip people on crutches anymore. You can't even remember the last time you made someone cry. All in all you're a pretty decent person, but how do you act at work? Interruptions are offensive on many levels. When you interrupt someone, you suggest that your time and ideas are more important than everyone else's and that you have no interest in listening to what they have to say. Do you simply say thank you to your co-workers? A few words to show gratitude can put someone in a good mood or at least keep them from a foul mood. Do you talk too loudly on the phone? Not everyone in the office wants to hear every detail of your conversation. These are just a couple of examples of rudeness in the work place so next time, before you act, think about how your co-workers and our clients may view your actions.



Merry Christmas and Happy New Year! Mark

### TWG Express by David Kelley, Chief Operations Officer

Hello everyone, I hope you are doing well. It's that time of year again when the weather starts to cool off and we need to keep in mind maintenance issues with facilities and vehicles. It's time to have the heating systems checked at the facilities including filters and pilot lights on gas systems. Facilities must have documentation that licensed HVAC personnel have checked all gas systems for proper operation. It is not unusual to have an odor from the heating ducts the first time it is used for the season. Check outdoor water supplies and ensure they are winterized. Vehicles must be checked to determine if there is sufficient antifreeze in the coolant system. On the next oil change ask the attendant to check the coolant. Have cat litter on hand to put on icy walking surfaces and make sure there is an ice scraper in the vehicle.



Cold weather can be hard on weak batteries so be prepared. Enjoy the season and I'll see you down the road.

David

### MH Rehabilitative Services Updates by Mary Helen Farnam, Director of Clinical Services

Two years ago The Wood Group opened a new clinic in Karnes County in partnership with Camino Real MHMR. This has been a very successful venture and has provided some valuable services to the people of Karnes County. Deanne Pape and Mary Lozano are The Wood Group clinicians who are part of the Camino Real MHMR team in Karnes County. There have been some successful recovery stories from this clinic. I am profiling one of these stories.

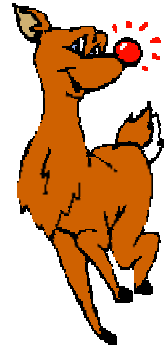
A male diagnosed with schizophrenia has received services from Camino Real MHMR for many years. His main issues were being unable to manage his finances, letting other people take advantage of him, and lack of hygiene and appearance. He repeatedly borrowed money from loan sharks and he would let others borrow money from him that was for paying his bills. As a result, he would let his appearance suffer because he could not afford a haircut. In February, TWG staff started working with him on managing his budget, including tracking all expenditures and developed a wish list that included items that he would like to have if he had the money. With ongoing budget management training, he has paid off his loans and has been able to purchase items from his wish list, including a vacuum cleaner and eyeglasses. He can now afford haircuts and this has not only improved his appearance but his self esteem. He is proud to go shopping for new clothes when he needs them. His mental health status has improved so much that he is now in a level of care 1, which is the lowest level of service intensity.

I know there are other stories like these coming out of all of our clinics and residential facilities. I want to thank each of you for being so dedicated to the services you provide and making a difference in other's lives. Your work is so valuable to The Wood Group. I wish all of you a very special holiday season with your loved ones.

Mary Helen Farnam

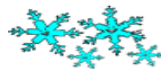
Ten Commandments of Keeping Your Job by Lesa Reimers, Human Resource Director

1. Be on time
2. Call if you know you will be tardy or absent (at least 3 hours before your shift.)
3. Try your best; always finish your assignment, no matter how much you would rather be doing something else.
4. Show a positive attitude.
5. Avoid backstabbing, office gossip, spreading rumors, and criticizing your management or the company.
6. Follow the rules.
7. Look for opportunities to serve consumers and help coworkers.
8. Be a good team member.
9. Try to avoid ever saying "that's not my job."
10. Show pride in yourself.



Cranberry-Apricot Sauce, Mary Wood, Marketing Director

- Two 12-oz bags fresh cranberries
- 2/3 cup orange juice
- 1/2 cup dried apricot halves, cut into strips
- 1/2 cup granulated sugar
- 1/2 cup packed light brown sugar
- 1 tsp finely grated orange peel
- salt



Merry Christmas and  
Happy New Year!

Mary

In a large saucepan, bring all the ingredients to a boil over medium-high, stirring occasionally, until the cranberries pop and the mixture thickens, about 10 minutes. Let cool.

Pulp Facts by Stacy Otto, Director of Quality Management



Happy Holidays

I hope this article finds you all doing well and excited about the holiday season. I am extremely proud to be working for a great organization that offers so much to the consumers we serve. Thank you all for your continued hard work and dedication. The old saying, "It takes a village to raise a child" applies to us as well. It takes each and every one of us to do our part to ensure the best services are being offered to those we serve. I am also excited about the growth of our company and the new services that we now offer. If you haven't been to our website lately, check it out and see what is new. I wish you all a wonderful holiday season (Happy Turkey Day, Happy Birthday to Jesus Day, Happy New Year and all those celebrations in between). Remember to spend time with those you love and make sure you tell them how much they mean to you. May God Bless each of you and your families as we move forward to an exciting New Year!

Stacy Otto

Director of Quality Management/ Client Rights Officer



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**Do not spoil what you have by desiring what you have not; remember that what you now have was once among the things you only hoped for.**



**"Until you make peace with who you are, you'll never be content with what you have."**



## Wooden You Like to Know??? ( Employee News )

Our administrator in Wichita Falls, Stephanie McManus, has a new granddaughter, Sophia Joy, born Oct. 5 and she weighs 8 lbs and 7ozs. Congratulations ! We know she is very proud of her beautiful first grandchild.

Austin LVN, Gina Curl, is starting classes to become a Registered Nurse. Her co-workers there are giving her a big boost of encouragement and wishing her well.

Chelsea Farnam, daughter of Mary Helen Farnam was selected to attend Oxford University in England during the fall semester through Milligan College English Scholars Program.



Shelly Baggett, Georgetown administrator, reports they are celebrating their one year anniversary and things are going very well for them. In November, Kathy Sisco's daughter will give birth to a baby boy, making Kathy a grandmother for the second time.. Shelly's latest addition to her family is a 650 Yamaha V Star which she is thoroughly enjoying riding to and from work.

Lesa's son graduated from the University of North Texas with a degree in Mechanical Engineering Technologies. He has applied for Officer School in the United States Air Force.

Mike and Lori Wood have a new grandson, Parker Michael. Parker is a bundle of joy and visits our office quite often, as you would expect!

Harlingen's Angelica Orellana's son, Captain Hernan Orellana was married Sept. 26 to his lovely wife, Lynn, at Randolph AFB Chapel, San Antonio. Also from Harlingen, Veronica Salazar's son Gael celebrated his Oct. 6th, third birthday with a family party at the McDonald Party House on October 17th.



Jerry Parker has a new grandson, Ryan Keith . His daughter, Sarah, gave birth in October. Mother and son are doing well.